

IMPORTANT INSTRUCTIONS REGARDING YOUR ANESTHESIA

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1. **Do not eat or drink anything** (including water) for eight (8) hours prior to surgery. **However**, it is important that you take any regular medications (high blood pressure, antibiotics, etc.) or any pre-medication prescription that we have provided, **using only a small sip of water**.
2. For morning appointments, skip breakfast.
3. For afternoon appointments, eat a light breakfast seven (7) hours before your appointment and skip lunch.
4. Take any regular medications with only enough water to get the pill down.
5. You **MUST** have someone drive you home.
6. Plan to rest for the remainder of the day. Do not operate power tools, machinery, etc., for 24 hours after surgery.

GENERAL ANESTHESIA: Medications are given through a vein which will result in total loss of consciousness, complete lack of recall of the event and usually a longer recovery time. General anesthesia has an excellent safety record as an office procedure, but may, if desired, be provided in a hospital setting. (Your health insurance may not cover you unless there is a bona fide medical reason for hospitalization.)

1. The same instructions offered above for intravenous sedation apply for general anesthesia.

OTHER SPECIAL INSTRUCTIONS:

If you prefer to listen to your own music, feel free to bring a CD or cassette tape player with small earphones (not recommended with general anesthesia).

Our goal is to provide you with a safe, pleasant and effective anesthetic. In order to do this it is imperative that we have your full cooperation. Please feel free to ask or call about any questions concerning your surgery or anesthetic.